

Duluth CXC JNQ

Sunday - December 10th		
8:00AM	Course Open	3 x 2.5km
9:25AM	Course Closed	3 x 2.5km
9:30AM	Senior/U20/U18 Men - 7.5km Individual Start	
11:00AM	Course Open	
12:30PM	Senior/U20/U18 Women - 7.5km Individual Start	3 x 2.5km
1:00PM	Course Open	
1:30PM	U16 Boys 5km Individual Start	
2:15PM	U16 Girls 5km Individual Start	
2:45PM	U14/U12/U10 Boys - 3k Individual Start	2 x 1.5km
3:00PM	U14/U12/U10 Girls - 3k Individual Start	2 x 1.5km
3:30PM	U14/U12/U10 Awards	